## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person* SODERQUIST DONALD G					2. Issuer Name and Ticker or Trading Symbol Cinemark Holdings, Inc. [CNK]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner				
(Last) (First) (Middle) 201 S. 19TH STREET, SUITE P					3. Date of Earliest Transaction (Month/Day/Year) 05/22/2014							Office	er (give title belo	ow)	Other (specify b	elow)	
(Street)				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)						_X_ Form fi	6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person Form filed by More than One Reporting Person  lired, Disposed of, or Beneficially Owned					
ROGERS, AR 72756 (City) (State) (Zip)					Table I - Non-Derivative Securities Acqu						uired, Disp						
(Instr. 3)		2. Transaction Date (Month/Day/Year)	any	ition Date, if	, if (	(Instr. 8)		4. Securities Acquire (A) or Disposed of (I (Instr. 3, 4 and 5)		Beneficially Owned Follow Reported Transaction(s)		Following	Form:	7. Nature of Indirect Beneficial			
				(Mor	nth/Day/Ye	ear)	Code	V	Amoun	(A) or (D)	Price	Ì	(Instr. 3 and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common stock		05/22/2014				A		3,300 (1)	A	\$ 0.001 (1)	1 45,625	45,625		D			
			Table II -	· Deriv	vative Secu	rities	s Acqui	con the	tained in form dis	n this is	form a a curi		uired to res I OMB con	spond unle trol numbe	ss	1474 (9-02)	
		1		` ' '	puts, calls,			1						1			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Y	Execution Da Year) any	ate, if	4. Transaction Code Year) (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		and Expiration Date (Month/Day/Year)			Title and mount of nderlying eccurities nstr. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownershi Form of Derivativ Security: Direct (D or Indirect	(Instr. 4)	
								Dat Exe	-	Expirat Date	tion Ti	Amount or Number of					

### **Reporting Owners**

D ( O N /	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
SODERQUIST DONALD G 201 S. 19TH STREET SUITE P ROGERS, AR 72756	X					

### **Signatures**

/s/Michael D. Cavalier, attorney-in-fact	05/23/2014		
**Signature of Reporting Person	Date		

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) Annual award of restricted stock pursuant to the director compensation policy. Par value is \$0.001 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.